



COMMONWEALTH of VIRGINIA

Department for the Aging

Jay W. DeBoer, J.D., Commissioner

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COMMONWEALTH of VIRGINIA
Department for the Aging
Jay W. DeBoer, J.D., Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Jay W. DeBoer, J.D., Commissioner

DATE: September 20, 2005

SUBJECT: State Vehicles Leased to Area Agencies on Aging

On July 12, 2005 Governor Warner issued Executive Order 89 "Purchase, Assignment and Use of State-owned Vehicles". The Executive Order can be found at: http://www.governor.virginia.gov/Press_Policy/Executive_Orders/html/EO_89.html. This Executive Order will have a direct effect upon VDA's ability to continue to obtain leased vehicles on behalf of the AAAs. We are exploring what options may remain open to us.

If you lease a state vehicle through VDA, you are cautioned not to use the vehicle to transport clients for which you receive government funding on a per trip basis (i.e.: Medicaid transportation). You are also cautioned not to allow others who are not under your direct supervision to use the vehicle.

If you have any questions, please call Bill Peterson or Tim Catherman.

Cc: Faye Cates, Program Coordinator

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TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: September 20, 2005

SUBJECT: Outreach to Limited English Proficiency Clients

Information in Spanish

Fact sheets about the risks of cancer in persons over 50 are now available in Spanish from the National Institute on Aging. Copies of *Las Realidad del Cancer en Hombres y Mujeres a Partir de los 50 Anos* can be obtained at no charge by calling (800)222-2225. The institute also has a fact sheet in Spanish about arthritis, *Consejos Sobre la Artritis*, including warning signs, treatment methods and a list of resources. A complete list of publications in Spanish is at:

www.nia.nih.gov/HealthInformation/PublicacionesRedirect.htm

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TO: Executive Directors
 Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: September 20, 2005

SUBJECT: National Family Caregiver Support Program: Kinship Care

13th Generations United International Conference

Several delegations from Virginia attended the September 12-17, 2005 Generations United (GU) International Conference. Awards for intergenerational activities in the Commonwealth included the prestigious **Generations United Leadership Award for Outstanding Support of Intergenerational Programs** presented to the **Virginia Tech Adult Day Services and Child Development Center** shared program site, ***Neighbors Growing Together***. The program for the GU Awards Dinner states that this award is presented to individuals or organizations that have made significant contributions to the leadership, growth and prosperity of intergenerational understanding.

Information on the Virginia Tech Program was shared at a conference roundtable and workshop by Shannon Jarrott, PhD, Assistant Professor of Human Development and Director of Research at Virginia Tech Adult Day and Christine McCartney of the Adult Day Care Center. For further information on this outstanding program that utilizes a results management model (RM) that involves needs assessments, goal development, evidence-based practices and evaluation consult the Virginia Tech Human Development website: <http://www.humandevelopment.vt.edu>

Photographer/husband Ray Moore's picture of wife Carol Moore, Director of **Mountain Empire Older Citizens, Inc. Kinship Care Program** and granddaughter Maggie won **Third Prize in the Generations United Annual Intergenerational Photography Contest**. Photographer Moore, who is also employed at Mountain Empire Older

Citizens, snapped his award-winning photo as wife and granddaughter frolicked on an Atlantic Ocean Beach at sunset.

Photographer Jim Gibson of The Post, the newspaper of Big Stone Gap, Virginia won an **Honorable Mention** for his photo of **Mountain Empire Older Citizens Inc.** intergeneration program that involved high school students instructing older caregivers on the use of computers.

Attendees from Virginia also conducted presentations and workshops at the GU Conference. **Carol Moore of Mountain Empire Older Citizens, Inc.** and **Ellen Nau of the Virginia Department for the Aging** presented information on their kinship care programs, *Sharing Our Stories, Hearing Our Voices*, at a luncheon program showcase. Further information on these programs can be obtained by emailing Carol Moore at cmoore@meoc.org and Ellen Nau at Ellen.Nau@vda.virginia.gov.

A breakfast roundtable on the efforts of the **Fairfax County Kin Care Committee** was presented by Kin Care Committee members: Betsy Pugin, Fairfax County Area Agency on Aging; Nancy Coffey Fairfax County Department of Family Services; Robin Hanley, Fairfax County Public Schools and Sarah Smalls, Fairfax County Grandparent Support Group Member. For further information on the Fairfax Kinship Care Committee, email Betsy Pugin at betsy.pugin@fairfaxcounty.gov.

Catherine Tompkins of **George Mason University** and Anita Rosen of the **Council on Social Work Education** in Alexandria, Virginia presented a workshop on *Educational Competencies and Curriculum Resources to Strengthen and Preserve Intergenerational Relationships*. The workshop featured a discussion on training students, professionals, and paraprofessionals on intergenerational content. Curriculum content on intergenerational resources is integrated into existing training and educational programs. Information on the Council on Social Work Education can be obtained at www.cswe.org.

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MEMORANDUM

TO: Executive Directors
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FROM: Tim M. Catherman
 Deputy Commissioner, Support Services

DATE: September 20, 2005

SUBJECT: Virginia Aging and AoA in the News

Below are Virginia Aging or AoA related articles that have occurred since last week's Tuesday E-mailing. These links do not require a paid service; however, some (like the Washington Post, etc.) ask a brief survey or registration. Please note some links are time sensitive and can change daily. Some articles may be editorial and/or political. Links are presented 'as is'.

If you are aware of additional articles, please e-mail me a link for inclusion next week.

VDA and Virginia AAAs In the News

[Senior Volunteers Needed](#)

Winchester Star - Winchester, VA

... Virginia Avenue School needs volunteers to help in the classroom and give ... for National Service and the local support of the Shenandoah Area Agency on Aging.

[Gasoline costs affecting budgets of public agencies](#)

Coalfield Progress - Norton, VA

... According to a release from Appalachian Agency for Senior Citizens, which operates the transit, the service should return to normal operating hours in October ...

[Medical clinic in Stanardsville spans care gap](#)

Charlottesville Daily Progress - Charlottesville, VA

... Organizers have converted a hallway into a temporary clinic in the building that houses the Jefferson Area Board for Aging's senior center and the county ...

Virginia Aging and AoA in the News

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[Celebration starts on a somber note](#)

Roanoke Times - Roanoke, VA

Other programs, ... for senior citizens, have also been downsized because of reduced funding. The LOA Area Agency on Aging is no longer serving breakfast through their Meals-on-Wheels program. That is 8,000 meals that are not being served. Additionally, transportation services for seniors have been limited to once or twice a month because of rising gas costs.

[County prepares for hurricane evacuees](#)

Coalfield Progress - Norton, VA

... Localities across Virginia were asked to provide state officials with estimates of ... Mountain Empire Older Citizens Inc.'s public transit service may be able to help transport people from Ft. Pickett to Wise County...

[Turn on the Air](#)

Fairfax Connection - VA

... Rita Schumacher of the Northern Virginia Long-Term Care Ombudsman program said that she was aware of the air conditioner situation at Sunrise of Fairfax. ...

AoA

[List of Delegates Released for White House Conference on Aging](#)

SeniorJournal.com - San Antonio, TX

7, 2005 - The 2005 White House Conference on Aging (WHCoA) has announced the names of At-Large delegates who will participate in the WHCoA from December 11 to ...

[More Than 1M Children Ages 8-18 Care for Sick, Disabled Family ...](#)

Kaiser network.org - Washington, DC

The study, financed by the Administration on Aging, will be presented at a conference Friday by the National Alliance for Caregiving and the United Hospital ...

[Elderly Hurricane Victims Receiving Assistance](#)

SeniorJournal.com - San Antonio, TX

... \$250,000 to be used for immediate assistance to frail elders affected by Hurricane Katrina, according to a news release from the US Administration on Aging. ... gives \$750,000 to three states

Other

[Nonprofit leaders brace for big cuts to senior services ...](#)

The Union of Grass Valley - Grass Valley/Nevada City, CA

The ... budget that, at this point, stands at \$356,147 annually for Nevada County beginning in the fiscal year 2006. The figure represents a 24 percent annual reduction in services from the \$495,000 ... a larger portion of the money that would be serving Nevada County seniors is being shifted to counties with a greater percentage of minority senior citizens and those considered by the federal government as low-income seniors.

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TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: September 20, 2005

SUBJECT: National Family Caregiver Support Program

In August 2005, The Commonwealth Fund issued the Issue Brief, **A Look at Working-Age Caregivers' Roles, Health Concerns, and Need for Support**. The Issue Brief notes that there are currently 16 million working-age adults caring for sick or disabled family members in the United States and that 9 million of these caregivers have their own health issues. The brief's conclusions are based on the responses of caregivers aged 19 or older to the Commonwealth Fund Health Insurance Biennial Survey. Caregivers' personal health issues, work, insurance coverage and health care costs are discussed in the issue brief that is available on the Commonwealth Fund's website, www.cmf.org. Public policies that could be of assistance to caregivers receiving adequate and affordable care for their health issues are discussed by the publication's authors. The Issue Brief asserts that:

- Women are more likely than men to be caregivers
- Caregivers are more likely than non-caregivers to have health problems
- Working caregivers miss more time at work than their non-caregiver colleagues
- Caregivers have problems accessing health care because of the cost

- Caregivers have medical bill problems and medical debts
- Caregivers are doubtful as to their future ability to obtain high quality health care

On the Commonwealth Fund's website, you can sign up for email alerts on a variety of the Fund's informational resources including:

- Washington Health Policy Week in Review
- Child Health and Development
- Health Care Quality/Quality Improvement
- Health Insurance, the Uninsured and Medicaid
- International Health Policy and Practice
- Medicare
- Minority, Low-Income, Men/Women's Health
- Nursing Home Quality and Care for Frail Elders
- Annual Report
- Commonwealth Fund Digest
- States in Action: A Quarterly Look at Innovations in Health Policy